

## Fortify Your Diet with Trace Minerals, Not Traces of Minerals!

**Compare FortiSalt's Nutrition with Sea Salt, Gourmet Salts, and Mineral Supplements and See the Difference for Yourself!**

Product	Contains Broad-Spectrum Minerals in Trace Amounts*	% RDI Sodium	% RDI Magnesium	% RDI Chromium	% RDI Zinc	% RDI Selenium	% RDI Copper	% RDI Manganese	% RDI Iodine	% RDI Potassium
FortiSalt	X	16%	17%	17%	17%	17%	17%	17%	17%	4%
Real Salt	X	22%	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed
Hain Sea Salt		25%	0	0	0	0	0	0	0	0
Celtic Sea Salt	X	14%	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed
Himalayan Sea Salt Crystals	X	20%	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed
Spike Original		7%	0	0	0	0	0	0	0	0
Bragg's Aminos		5%	0	0	0	0	0	0	0	0
Colloidal Minerals	X	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed
Fulvic Mineral Complex	X	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed
Ion Charge	X	<2%	60%	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed	None claimed

\*For products other than FortiSalt, this statement is based on label claims.

FortiSalt is a trademark of Mineral Resources International, Inc., RealSalt is a trademark of Redmond Clay and Salt Company, Inc., Hain Sea Salt is a trademark of Hain Pure Food Co. Inc., Celtic Sea Salt is a trademark of Celtic Ocean International, Inc., The Original Himalayan Crystal Salt is a trademark of American BlueGreen, LLC, The Original Spike All-Natural Seasoning is a trademark of Gayelord Hauser, Bragg Liquid Aminos is a registered trademark of Live Food Products Corporation, Ion Charge is a trademark of Source Naturals.